


Premier Plastic Surgery Center

Gynecomastia and Body Contouring Questionnaire

NAME _____ DATE ____/____/20____

When did you first notice abnormal chest enlargement? _____

Ever have scoliosis? _____ Was it ever treated? _____

Ever smoke? _____ How much? _____ How many years? _____ Quit? _____

List vitamins or herbals _____

Have you ever taken Fen-Phen? _____ When? _____ How long? _____

Would you like to minimize any stretch marks on your body?.....Yes No

What was your lifetime maximum weight? _____ Current weight? _____

Height? _____

How has your weight changed in the past 12 months? _____

Have you ever taken or used any of the following substances?

Tagamet (Cimetidine) Anabolic steroids marijuana Spironolactone

Verapamil Nifedipine Excessive alcohol

Omeprazole Ketoconazole Growth Hormone

HCG Anti-androgens Estrogens

Have you ever been diagnosed with any of the following conditions?

Pituitary insufficiency? Klinefelter's Syndrome?

Liver failure or cirrhosis? Hyperthyroidism?

Cystic fibrosis? Ulcerative colitis?

Have you ever had an endocrine hormone workup? _____

How often do you exercise? _____

When you work out, what kind of exercise do you do? (e.g. Aerobics? Weight training? Yoga? etc.) _____

What areas of your body would you like to improve? (Please circle all that apply) Neck Arms

Chest Back Flanks Abdomen Hips Buttocks Outer thighs Inner Thighs Knees

Of the areas you circled above, which is your highest priority? _____

Please sign here _____ Date ____/____/20____

OFFICE USE ONLY BELOW THIS LINE

ARMS Right. _____ Left _____

CHEST Circum. _____

ABDOMEN (Mid) _____

(Lower) _____

HIPS _____

THIGHS Right. _____ Left _____

KNEES Right. _____ Left _____

Skin envelope: tight _____ moderate _____ loose _____

PLAN: NECK LIFT BRACHIOPLASTY Gynecomastia excision Rt Lt Pexy

LIPO: Neck Arms Chest Back Flanks Abdomen Hips Buttocks Outer thighs

Inner thighs Knees

ABDOMINOPLASTY: Mini Full CIRC Vertical

Pre-op clearance.....Yes No

Dangers of smoking reviewed?.....Yes No

Options/risks/uncertainties reviewed.... Yes No